

**LIVING WILL or HEALTH CARE INSTRUCTIONS**

If the time comes when I am incapacitated to the point when I can no longer actively take part in decisions for my own life, and am unable to direct my physician as to my own medical care, I wish this statement to stand as a statement of my wishes.

I, \_\_\_\_\_, the author of this document, request that, if my condition is deemed terminal or if I am determined to be permanently unconscious, I be allowed to die and not be kept alive through life support systems.

By terminal condition, I mean that I have an incurable or irreversible medical condition which, without the administration of life support systems, will, in the opinion of my attending physician, result in death within a relatively short time. By permanently unconscious I mean that I am in a permanent coma or persistent vegetative state which is an irreversible condition in which I am at no time aware of myself or the environment and show no behavioral response to the environment.

*Specific Instructions*

Listed below are my instructions regarding particular types of life support systems. This list is not all-inclusive. My general statement that I not be kept alive through life support systems provided to me is limited only where I have indicated that I desire a particular treatment to be provided.

	<u>Provide</u>	<u>Withhold</u>
Cardiopulmonary Resuscitation	_____	_____
Artificial Respiration (including a respirator)	_____	_____
Artificial means of providing nutrition	_____	_____
Artificial means of providing hydration	_____	_____
_____	_____	_____
_____	_____	_____

Other specific requests:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**I do want sufficient pain medication to maintain my physical comfort. I do not intend any direct taking of my life, but only that my dying not be unreasonably prolonged.**

**DOCUMENT OF ANATOMICAL GIFT**

I make no anatomical gift at this time. \_\_\_\_\_(Initial here)  
I hereby make this anatomical gift, if medically acceptable, \_\_\_\_\_(Initial here)  
to take effect upon my death

I give: (check one) \_\_\_\_ (1) any needed organs or parts \_\_\_\_ (2) only the following organs or parts:

\_\_\_\_\_  
\_\_\_\_\_

**APPOINTMENT OF HEALTH CARE REPRESENTATIVE**

I, \_\_\_\_\_ appoint \_\_\_\_\_ whose address and phone number is \_\_\_\_\_ to be my health care representative. If my attending physician determines that I am unable to understand and appreciate the nature and consequences of health care decisions and unable to reach and communicate an informed decision regarding treatment, **my health care representative is authorized to make any and all health care decisions for me, including the decision to accept or refuse any treatment, service or procedure used to diagnose or treat my physical or mental condition and the decision to provide, withhold or withdraw life support systems.**

I direct my health care representative to make decisions on my behalf in accordance with my wishes, as stated in this document or as otherwise known to my health care representative. In the event my wishes are not clear or a situation arises that I did not anticipate, my health care representative may make a decision in my best interests, based upon what is known of my wishes.

I appoint \_\_\_\_\_ whose address and phone number is \_\_\_\_\_ to be my alternative health care representative. I further instruct that as required by law my attending physician disclose to my health care representative protected health information regarding my ability to understand and appreciate the nature and consequences of health care decisions and to reach and communicate an informed decision regarding treatment at the representative's request made at anytime after I sign this form.

This request is made, after careful reflection, while I am of sound mind.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Print \_\_\_\_\_

This document was signed in our presence, by the above-named \_\_\_\_\_ who appeared to be eighteen years of age or older, of sound mind and able to understand the nature and consequences of health care decisions at the time the document was signed.

Witness Signature \_\_\_\_\_ Witness Signature \_\_\_\_\_

Print Name \_\_\_\_\_ Print Name \_\_\_\_\_

& Address \_\_\_\_\_ & Address \_\_\_\_\_

\_\_\_\_\_

**OPTIONAL(WITNESS Affidavit)**

State of **Connecticut**

ss. \_\_\_\_\_

County of **Windham**

We the undersigned, being duly sworn, depose and say:

That on this date, the within name \_\_\_\_\_, signed the foregoing living will and/or appointment of health care agent in our presence as witnesses; that we thereupon subscribed our names thereto as witnesses in (his/her) presence and at (his/her) request, and in the presence of each other; that at the time of the execution of said Advanced Directives the said \_\_\_\_\_ appeared to be more than eighteen years of age and of sound mind and memory, and to the best of our judgment not under any improper restraint or influence or in any respect incompetent to make a living will and/or appoint health care agent and that we make this affidavit a (his/her) request this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

Witness \_\_\_\_\_ Witness \_\_\_\_\_

Subscribed and sworn to before me, on this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_

\_\_\_\_\_  
Commissioner of the Superior Court  
Notary Public  
My Commission Expires: \_\_\_\_\_